

Grade Two

Students in grade two continue to relate health behaviors and choices to positive and negative consequences. They begin to understand the factors that influence health decisions and the addictive nature of drugs. Focus continues on preventing illness and disease. Students learn to communicate consideration and respect for others.

Knowledge and Skills

- 2.1 The student will identify the basic components and functions of the systems of the human body. Key concepts/skills include
 - a) body structures (e.g., abdomen, chest, head) and organs (e.g., heart, brain, lungs, stomach);
 - b) the principles of correct posture;
 - c) the interconnection of all body systems.
- 2.2 The student will explain that personal health decisions and health habits influence health and well-being throughout life. Key concepts/skills include
 - a) how food choices related to a healthy lifestyle;
 - b) the addictive nature of drugs, alcohol, and tobacco;
 - c) the need for regular health check-ups and screenings;
 - d) the importance of learning and using refusal skills;
 - e) the use of nonviolent strategies to resolve conflicts.
- 2.3 The student will describe the influences and factors that impact health and well-being. Key concepts/skills include
 - a) heredity;
 - b) the environment;
 - c) germs and diseases;
 - d) different customs and traditions;
 - e) self-image related to personal success;
 - f) disappointment, loss, grief, and separation.

Information Access and Use

- 2.4 The student will recognize the influence that health resources and professionals have on personal health. Key concepts/skills include
 - a) health care professionals, resources, and services;
 - b) emergency services;
 - c) print, audiovisual, and electronic media.

Community Health and Wellness

- 2.5 The student will demonstrate ways to communicate consideration and respect for the health of individuals in the community. Key concepts/skills include
 - a) the impact of verbal and nonverbal aggressive behaviors;
 - b) the effects of personal health decisions on other individuals.